

Manual Guidance/Redirection:

Age: Any

Setting: When your child will not complete a task that is requested of them or needs guidance in completing a task they have never done before.

Purpose: To gain your child's compliance in completing a task asked of them or to teach your child how to do an activity so that they may engage in it on their own.

Checklist:

1. Get child's attention Level with child, state their name, eye contact, etc.
2. Give child command Simple verbal statement, appropriate tone of voice, exact statement
3. Allow 10 seconds for child to initiate task This is important to allow child to process they have been asked something
4. If child does not respond, approach them Maintain calm body
5. Repeat request Maintain calm voice and face
6. Gently take child's hand (or shoulders, upper arm, other appropriate area for guidance) and guide child to perform task
7. Remove your hand(s) when child begins to perform task on their own Do not remove your hands all at once as this may make the child believe they are done with the task, instead <i>slowly</i> remove guidance
8. Thank child for performing the task
*If this checklist was used to gain child's compliance continue to steps 9 and 10
9. Offer child an appropriate activity that they may do once task is completed
10. Praise child for doing activity that was set up once they begin to engage in it