Being a Good Role Model Checklist

Parent:	Date://		Time:
Child:	Observer:		(P R)
Setting/ Activity:	Condition: BI T	rtmt	Follow-up

+ Completed Correctly - Completed incorrectly or not completed

Are you modeling:	
Good organizational skills Have a schedule/plan in advanced Have supplies ready in advance	
Punctuality	
Be on time to planned activities	
If you're going to be late contact other party	
A commitment to following through	
Do what you said you were going to do	
Follow through with rewards/consequences	
The importance of meeting your obligations	
Track and fulfill the things you obligate	
yourself to do	
Self-control	
Controlling your temper	
Expressing feelings in healthy manner	
Respect and listening	
Listen carefully	
Have an open mind	
A positive attitude	
Display a positive and reassuring attitude	
Display optimism	
Percent Correct	