

Four Pluses and a Wish:**Age:** Any**Setting:** Anytime you need/want your child's compliance**Purpose:** To gain your child's compliance and get them to do what you have requested of them.**Checklist:**

Plus 1 – Smile
Plus 2 – Relaxed Body Language Be on child's level, eye contact with child
Plus 3 – Say the Child's Name Use calm and warm tone of voice
Plus 4 – Pay a Compliment to the Child Compliment the task they are doing or something that they truly value (ex: "I love the outfit you picked out today!" or "I love the drawing you are making!")
The Wish Make a request of the child Make sure the request is stated not asked and that it clear, age-appropriate language is used